

# Tagebuch

## Compatible file formats for diary upload

Compatible file formats for diary upload:

- Athlosoft  
.xml and .ast
  - Ciclosport  
.tur
  - Cycleops/PowerAgent  
.csv
  - Ergomo  
.deo
  - Garmin  
.tcx and .fit
  - GPX  
.gpx
  - Polar  
xml (Export from polarpersonaltrainer.com) and .hrm
  - Powercoach  
.txt
  - PWX  
.pwx
  - Sigma  
.slf
  - SRM  
.srm
  - Suunto  
.sdf  
.xlsx (after export Movescount .xlsx file needs to be re-saved with Excel)
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- Ciclosport  
.tur

Unique solution ID: #1187

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Last update: 2013-02-19 13:58